



The CACLP is thrilled to announce our fall virtual PDU calendar. Please see the PDU descriptions below. Each presentation is eligible for 1.0 PDU. You must register prior to each session by Noon on the day of the presentation. If you are unable to attend at the scheduled time and wish to receive PDUs for the presentation, the presentation will be available for one week following the presentation. Those viewing the presentation at a later date will need to complete a quiz within the same one week time frame to receive PDU credit. These are free to members and \$10 for nonmembers. Payment is accepted via Venmo (@CACLP) or Chase Quick Pay (cacpltreasurer@gmail.com).

Thursday, September 10 at 4:00 pm CDT

[Register HERE](#)

Title: Exploring the history of healthcare disparities and inequities among African Americans in the U.S.

Description: Although not connecting with families can feel like a failure to a child life specialist, the roots of why black Americans may internalize feelings of distrust run much deeper than each individual interaction with healthcare workers. This presentation aims to illuminate a few of the pieces of the larger puzzle which may create discord between white healthcare workers and black patients.

Speaker: Sara Burton, MS, CLS III

Domain: Assessment

Thursday, September 24 at 4:30 pm CDT

[Register HERE](#)

Title: Kitchen on Wheels: Initiating Culinary Medicine in Pediatrics

Description: Collaborative initiative between Child Life and Clinical Nutrition to implement a monthly culinary medicine program to engage pediatric patients and their families in blending the art of food and cooking with the science of medicine. Culinary medicine aims to guide individuals to healthier decisions about eating quality foods that help prevent and treat illness/disease and restore well-being.

Speaker: Katie Hammerberg, BA, CCLS and Kirsten Johnson, MS, RD, LDN

Domain: Intervention

Tuesday, October 20 at 2:00 pm CST

[Register HERE](#)

Title: Hospital Wide Adaptive Care Program: LOOK, ACCESS, Plan

Description: Presenters will discuss how an Adaptive Care program got started and initiated out within two pediatric Chicagoland campuses. This presentation will also provide strategies for patients within the Autism Spectrum Disorder (ASD) and Autism like challenging behaviors. This presentation will cover how we launched a program and on boarded an entire team of nurses, doctors, and other support staff. Participants will learn how to “Look, Assess, and Plan” when working with patients with ASD. Participants will also gain other important tools to utilize in the hospital when initiating their own Adaptive Care Program.”

Speaker: Kerry Bauer, MS, CCLS, CTRS and Mimi Villacrusis, MS, Occupational Therapist II

Domain: Assessment

Tuesday, November 3 at 4:00 pm CST

[Register HERE](#)

Title: The Mindful Child: Strategies and concepts for teaching mindfulness to children

Description: The presentation will give an overview of mindfulness to allow practitioners to implement concepts and interventions with clients. We will cover the pillars of mindfulness, mindfulness-based cognitive therapy concepts, and strategies for teaching mindfulness to children. Participants will engage in meditations as well, highlighting the importance of a developed practitioner meditative practice. Concepts presented will draw on MBSR.

Speaker: Rebecca Routson, MSW, LCSW

Domain: Intervention